

4A District 2009-10

Central

Ankeny
Des Moines East
Des Moines Hoover
Des Moines Lincoln
Des Moines North
Des Moines Roosevelt
Dowling Catholic
Indianola
Johnston
Newton
Ottumwa
Southeast Polk
Urbandale

Northeast

Cedar Falls
CR Jefferson
CR Kennedy
CR Prairie
CR Washington
Dubuque Hempstead
Dubuque Senior
Linn-Mar
Waterloo East
Waterloo West
Cedar Rapids Xavier

Southeast

Bettendorf
Burlington
Clinton
Davenport Central
DavenportNorth
DavenportWest
Iowa City High
Iowa City West
Muscatine
North Scott
Oskaloosa
Pleasant Valley

West

Ames

CB Abe Linclon

CB Thomas Jefferson

Fort Dodge

Lewis Central

Marshalltown

Mason City

Sioux City East

Sioux City North

Sioux City West

Waukee

WDM Valley