

## Iowa Girls' Coaches Association 2009 All-State Teams

### 1A All-State Teams

#### 1<sup>st</sup> Team

Jessica McDowell	AGWSR
Katie Eiben	Springville
Hallie Christofferson	Exira
Emily Wenstrand	Essex
Ciara Allen	New London
Carly Jacobs	North Butler
Holly Hinderman	Mason City-Newman
Shelby Nagel	George-Little Rock

#### 2<sup>nd</sup> Team

Lindsay Hoehns	Twin Cedars
Rachael Remick	Harmony
Abbie Grote	Odebolt-Arthur
Laura Brugman	Clay-Central Everly
Molly Bolt	Janesville
Kate Hartman	Northwood-Kensett
Mackenzie Morrison	Martensdale-St. Mary's
Macy Ubben	AGWSR

#### 3<sup>rd</sup> Team

Heidi Esdohr	Coon Rapids-Bayard
Lauren Devereax	Newell-Fonda
Molly Boylan	Exira
Callie Kloubec	Springville
Brittany Wirtz	Rockwell City-Lytton
Cameron Wilkens	Holy Trinity
Clarissa Gwinn	Morman Trail
Tiffany Bormann	Preston

## Class 2A All-State Teams

### 1<sup>st</sup> Team

Chelsea Poppens	Aplington-Parkersburg
Katie Schechinger	IKM/Manning
Kendra DeJong	Unity Christian
Lindsey Vande Wall	PCM
Amber Kirschbaum	Spirit Lake
Amy Dentlinger	Carroll Kuemper
Mika Rodewald	Manson NW Webster
Megan Howard	North Polk

### 2<sup>nd</sup> Team

Hannah Redenius	Battle Creek-Ida Grove
Amanda Frost	Denver
Bailey Halbur	IKM/Manning
Emily Blietz	MFL/Mar-Mac
Katlyn Wood	PCM
Chanda Goedken	Cascade
Taylor Smith	Central Decatur
Kelsey Sukovaty	Manson NW Webster

### 3<sup>rd</sup> Team

Melissa Moon	MFL/Mar-Mac
Alanna Bamrick	West Fork
Abby Darbyshire	Mediapolis
Maddie Oliver	Roland-Story
Britni Freed	Hinton
Bobbi McManaman	West Sioux
Alicia Goetz	Tipton
Ali Browning	Iowa City Regina

## Class 3A All-State Teams

### **1<sup>st</sup> Team**

Amanda Zimmerman	Ballard-Huxley
Carli Tritz	Bishop-Heelan
Morgan Paige	Marion
Kirsten Lipps	Algona
Alyson Spinus-Valainis	Davenport Assumption
Brittany Peterson	Spencer
Taylor Greenfield	Ballard-Huxley
Brook Gritters	Pella

### **2<sup>nd</sup> Team**

Mary Halvorson	Waukon
Lindsay Smith	Central-Dewitt
Ally Jensen	Ballard-Huxley
Millie Niggeling	Bishop Heelan
Cathy Kain	Saydel
Laura TerHark	Algona
Abby Mendlik	Dension-Schlesweig
Amber Leinen	Harlan

### **3<sup>rd</sup> Team**

Sam Abens	Knoxville
Slone Master	Storm Lake
Natalie Hackbarth	Algona
Chandra Hampton	Hampton-Dumont
Karissa Shindler	Decorah
Shelsey Stanley	Keokuk
Jodi Purdy	Winterset
Ashton Yossi	Dallas Center-Grimes

## 4A All-State Teams

### 1st Team

Jalyssa Ceasar	SC North
Brittini Donaldson	SC North
Kionna Kellogg	Ames
Virginia Johnson	Iowa City High
Trisha Nesbitt	Ames
Jamie Printy	Linn-Mar
Jade Rogers	Cedar Rapids Kennedy
Kiah Stokes	Linn-Mar

### 2nd Team

Kiara Bomben	Ankeny
Rheanna Egli	Ankeny
Jamie Elbert	Indianola
Camille Marie-Lidd	Cedar Rapids Washington
Amber Harrington	Davenport North
Emma Kreiger-Kittle	Iowa City West
Riley Norman	Des Moines Roosevelt
Markisha Wright	Des Moines East

### 3rd Team

Colleen Bouchard	CR Xavier
Lindsey Buckles	Davenport West
Megan Hogg	Waukee
Laura Johnson	Cedar Falls
Katelyn Jourdan	CR Jefferson
Lucy Montgomery	West Des Moines Valley
Kate Nielsen	Johnston
Shelby Smith	Waterloo West

### STATE COACHES OF THE YEAR

- 1A Bruce Dall, AGWSR
- 2A Gene Rasmussen, I-K-M Manning
- 3A Merle Olberding, Ballard-Huxley
- 4A Kirk Walker, Sioux City North