

2009-2010 Girls
All-District Teams

District 1

Name	Grade	School	Average
Amanda Kilts	12	Cedar Rapids Jefferson	200
Lauren Noah	12	Cedar Rapids Jefferson	192
Whitnie Jones	10	Cedar Rapids Jefferson	188
Madeline Stenerson	10	Linn-Mar	184
Jessica Fuller	12	Cedar Falls	183
Laura Schmidt	12	Cedar Rapids Prairie	180
Heather Barth	12	Cedar Falls	182
Andrea Perez	12	Cedar Rapids Prairie	175
Nicole Hill	12	Waterloo East	170

Bowler of the Year – Amanda Kilts, Cedar Rapids Jefferson

Coach of the Year – Don Wilfong, Cedar Rapids Prairie

District 2

Name	Grade	School	Average
Kelsey Gregory	11	Dubuque Wahlert	204
Nicole Nelson	11	Waterloo West	192
Ashley Miller	12	Iowa City West	188
Tara Trcka	9	Cedar Rapids Xavier	188
Chalet Brown	12	Cedar Rapids Kennedy	183
Nicole Bryant	12	Iowa City West	181
Allie Volk	11	Iowa City West	174
Kristina Hochrein	9	Dubuque Hempstead	175
Kathryn Wheeler	11	Cedar Rapids Kennedy	173

Bowler of the Year – Kelsey Gregory, Dubuque Wahlert

Coach of the Year – Mike Melleckor, Iowa City West

District 3

Name	Grade	School	Average
Hillary Neff	12	Pleasant Valley	195
Erin Abbas	12	Davenport Central	192
Lindsey DeVal	12	Davenport West	183
Theresa Diggs	11	Davenport Central	182
Kristy Samuelson	12	Muscatine	195
Katelyn Tharp	11	North Scott	176
Cassie Ballensky	11	Muscatine	204
Amanda Clemens	11	Muscatine	200
Melissa Kremer	11	Clinton	176
Michelle Reed	11	Davenport North	176
Alexis Seibel	11	Camanche	160
Nicole Haack	11	DeWitt	162

Bowler of the Year – Hillary Neff, Pleasant Valley

Coach of the Year – Brian Chapman, Muscatine

District 4

Name	School
Hannah Weeks	Urbandale
Katie Scott	SE Polk
Ashley Norris	Johnston
Paige Kielman	SE Polk
Chelsea Bacon	Ft. Dodge
Brianna Payton	Ankeny
Ting Chen	SE Polk
Ashlee Krukow	Marshalltown
Leah Pieper	Ankeny
Lindsey Mitchell	WDM Valley
Theresa Macdonald	Dowling
Taylor Denkinger	Dowling

Bowler of the Year – Hannah Weeks, Urbandale

Coach of the Year – Vicki Burich, Johnston

District 5

No Ballots Submitted

District 6

Name	School
Brianna Nowels	Red Oak
Janesse Ranney	Red Oak
Paige Struck	Tomas Jefferson
Kimmi Ryan	Lewis Central
Brianna Dozier	Red Oak
Kelsey Myers	Red Oak
Erica Christensen	Tomas Jefferson
Taylor Hance	Creston
Ashley Haines	Creston
Samantha Clausen	Deniston

Bowler of the Year – Brianna Nowels, Red Oak

Coach of the Year – Justin Hayes, Thomas Jefferson

District 7(Only Mt. Ayr submitted)

Name	School
Katey Havens	Nodaway Valley
Lacey Wilson	Mt. Ayr
Amanda Preston	Lenox
Cayla Maynes	Lenox
Mara Wengryn	Central Decatur
Rachel Fisher	Lamoni
Joceline Holliday	Nodaway Valley
Shannon Foy	Mt. Ayr

Bowler of the Year – Katey Havens, Nodaway Valley

Coach of the Year – Cory Thompson, Nodaway Valley

District 8

Name	School
Silvestri, Courtney	Oelwein
Heim, Leah	West Delaware
Hosto, Pam	Oelwein
Reid, Rachel	Marion
Sadewasser, Michelle	Western Dubuque
Barreto, Katie	Western Dubuque
Fager, Melissa	Marion
Kuchera, Hallie	Columbus Catholic
Diercks, Lisa	Denver
Petsche, Jenna	Western Dubuque
Schares, Jody	Columbus Catholic
Meyer, Liz	Tripoli

Bowler of the Year – Courtney Silvestri, Oelwein

Coach of the Year – Cindy Wilharm, Oelwein

District 9

Name	School
Nicole Seible	LeMars
Allexa Valladolid	Souix City North
Kayla Crippen	Lemars
Kara Woods	Sgt. Bluff-Luton
Ashley Rolfes	LeMars
Erica Thompson	OA/BCIG
Adrienne Burk	OA/BCIG
Josee Gustavson	Sioux City North

Bowler of the Year – Nicole Seible, LeMars

Coach of the Year – Deb Swift, LeMars

District 10 No Votes Submitted

All-State Team

Amanda Kilts, Cedar Rapids Jefferson	District 1
Kelsey Gregory, Dubuque Wahlert	District 2
Hillary Neff, Pleasant Valley	District 3
Hannah Weeks, Urbandale	District 4
Brianna Nowels, Red Oak	District 6
Katey Havens, Nodaway Valley	District 7
Courtney Silvestri, Oelwein	District 8
Nicole Seible, LeMars	District 9