

**Iowa Girls Coaches Association
Spring Softball Clinic**

April 19, 2008

SITE: Johnston Middle School
6207 62nd Ave
Johnston, IA 50131
(Merle Hay Exit N off I80 to 62nd Ave West)

CONTENT: The Iowa Softball Coaches Spring Clinic will include beginner and advanced level coaching techniques and strategies. It will provide you with the opportunity to determine what areas you wish to learn more about.

Athletic directors and head coaches, encourage all your coaches to attend. This is also a great clinic for your park and rec. coaches as well.

CLINIC FEES:

\$45 per coach

* Make copies for additional coaches

Pre-registered Coaches will receive:

*Clinic Favors

*Notes from Clinicians

*New Coaches Information Packet

MAKE CHECKS PAYABLE TO:

Iowa Girls Coaches Association

No Purchase Orders Please

Return Check and Registration form to:

IGCA: Joy Gross

IKM High School

755 Main Street, Box 580

Manilla, Iowa 51454

DEADLINE FOR PREREGISTRATION:

Friday, April 7, 2008

Late Registrations will not receive registration gifts

CLINIC SCHEDULE

Sessions & Time: Topics:

8:30 AM- 9:00 AM Registration

9:00 - 9:10 Welcome *Jill Hulsing, IGCA

Session 1
9:10- 9:45 Fundamentals of the Swing
*Andy Pals and Mark Brown

Session 2A
9:50-10:25 Successful Slapping (gymnasium)
*Todd Colt

Session 2B
9:50-10:25 Practice Organization (auditorium)
* Deb Seuferer

Session 3
10:25-11:00 Pitching Fundamentals
*Kelly Schade-Fry

11:00-11:20 Vendor's Break

Session 4A
11:25 -12:00 Infield Play (gymnasium)
*Amy Rath

Session 4B
11:25-12:00 Team Building/ Motivation
*Deb Seuferer (auditorium)

Session 5
12:00-12:45 IGHSAU Rules Meeting
*Mike Dick, IGHSAU

12:45-2:00 Door Prizes and Lunch on your own

Session 6A
2:00-2:35 Outfield Play
*Amy Rath

Session 6B
2:00-2:35 Defensive Situations & Systems
*Todd Colt

Session 7
2:35-3:15 Hitting Drills
*Andy Pals and Mark Brown

3:15 Closing & Door Prizes

EXHIBITORS:

Exhibitors will be on display throughout the day. Please show your support for these fine sponsors. Check for great prices!

2007 CLINICIANS

Kelly Schade-Fry

*Member of NCAA 25th Anniversary Team
* Honda Award Winner (Best Athlete in Div. III), 1999
* NCAA Div. III Strikeout Record - 1,121
* 3 Time NFCA 1st Team All-American
*2000 IGHSAU Softball Hall of Fame

Todd Colt, Akron-Westfield

* Back to Back State Champions (05, 06)
* 5 Straight State Tournament Appearances
* 85 Consecutive Conference Wins (02-07)

Andy Pals, Urbandale

*2 Time District Coach of the Year '02, '04
* West Central Conference Coach of the Year '02
*Hitting, Catching, and Utility Instructor at Rip City

Mark Brown, Urbandale

* Urbandale Assistant Softball Coach
* Hitting Instructor at All-Star Strike Zone
* Co-instructed hitting clinics with Lisa Fernandez and Crystal Bustos of the USA Olympic Team

Amy Rath, Mid-Prairie

* 2005 State Tournament Qualifier
* Played Collegiately at the University of Iowa
* 2nd Team All Big Ten

Deb Seuferer, Chariton

* 2007 State Softball Qualifier
* Private Pitching Instructor
* Played Collegiately at NW Missouri State

Iowa Girls High School Athletic Union

**Iowa Girls Coaches Association
Softball Committee Members**

* Jill Hulsing, Grinnell (Chair)
* Tom Dunn, Newman Catholic
* Jay Harms, Oskaloosa
* Todd Merial, Johnston
* Joy Gross, IKM
* Dennis Schuur, Muscatine
* Heather Lundberg, Manson NWW
* Jim White, Clear Creek Amana
* Kurt Brown, BCIG
* Rick Dillinger, North Polk (Web-site)