

Class 3A NORTH All-District:

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|----------------------|--------------------|
| 1) Natalie Hackbarth | Algona |
| 2) Rachel Peth | Waverly Shell Rock |
| 3) Maddie Forsyth | Charles City |
| 4) Morgan Kuhrt | Waverly Shell Rock |
| 5) Laura TerHark | Algona |
| 6) Kinsey Caldwell | Waverly Shell Rock |
| 7) Shelby Lewis | Charles City |
| 8) Tabitha Blaser | Forest City |
| 9) Marie Hadar | Humboldt |
| 10) Brittany Vaske | Algona |
| 11) Ali Smith | Iowa Falls-Alden |
| 12) Taylor Diehl | Clear Lake |
| 13) Kirsten Lipps | Algona |
| 14) Megan Kittleson | Waverly Shell Rock |
| 15) Lauren Martin | Forest City |

Coach of the Year: Eavon Woodin Waverly Shell Rock

Class 3A WEST All – District

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|---------------------|-------------------|
| 1. Carli Tritz | Heelan |
| 2. Leisa McClintock | Heelan |
| 3. Anna Wernimont | Atlantic |
| 4. Mary Kaufmann | Harlan |
| 5. Amy Johnson | MOC-FV |
| 6. Cassie Meylor | Storm Lake |
| 7. Maggie Vondrak | Heelan |
| 8. Natalie Vondrak | Heelan |
| 9. Natalie Fishbach | Carroll |
| 10. Kirstie Ruhland | LeMars |
| 11. Lindsey Schulz | Carroll |
| 12. Katie Blum | Storm Lake |
| 13. Kayla Krohnke | Denison-Schleswig |
| 14. Kari Sandage | Atlantic |
| 15. Jacie White | Harlan |

Coach of the year

Lori Slight

Heelan

Class 3A - CENTRAL - All District

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|-----|--------------------|----------------------|
| 1. | Brooke Fessler | Pella |
| 2. | Hali Steenhoek | Pella |
| 3. | Britni Reed | Dallas Center Grimes |
| 4. | Sabrina Hargis | Bondurant Farrar |
| 5. | Kayla Barber | Winterset |
| 6. | Taylor Wineland | Dallas Center Grimes |
| 7. | Lindsay Bentzinger | Pella |
| 8. | Jessica Nichols | Perry |
| 9. | Taylor Rasmussen | ADM |
| 10. | Cassie Johnson | Winterset |
| 11. | Katelyn Pringnetz | Nevada |
| 12. | Tana Seuferer | Chariton |
| 13. | Kelsi Rempe | Pella |
| 14. | Bobbi Burrows | Bondurant Farrar |
| 15. | Mandi Deutsch | Knoxville |

Coach of the Year Bob Fessler Pella

Class 3A SOUTHEAST All – District

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|------------------------|----------------------|
| 1. Mackenzie Bigbee | Williamsburg |
| 2. Meredith Flattery | Fairfield |
| 3. Anne Stecker | Williamsburg |
| 4. Kaylee Mehrhoff | Centerville |
| 5. Melissa Dever | Maquoketa |
| 6. Laura Neuzil | Clear Creek Amana |
| 7. Tori Ogden | Fairfield |
| 8. Jena Selk | Benton |
| 9. Cydney Palmer | Vinton Shellsburg |
| 10. Andrea Peiper | Mt. Pleasant |
| 11. Rachel Henning | Central DeWitt |
| 12. Shelsey Stanley | Keokuk |
| 13. Brittany Robertson | Vinton Shellsburg |
| 14. Jonte Thorton | Washington |
| 15. Melissa Hayward | Davenport Assumption |

Coach of the Year: Emily Nordheim Williamsburg

Class 3A NORTHEAST All – District

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| 1. Morgan Paige | Marion |
| 2. Erin Klostermann | Dub. Wahlert |
| 3. JoAnna Forkner | Marion |
| 4. Allison Pasker | West Delaware |
| 5. Kara Grant | West Dubuque |
| 6. Megan Theisen | Dub. Wahlert |
| 7. Jenna Hermsen | West Delaware |
| 8. Maggie Murphy | Marion |
| 9. Ashley Hager | Union |
| 10. Claire Till | Dub Wahlert |
| 11. Mary Halverson | Waukon |
| 12. Nicole Johnson | Center Point |
| 13. Kelsey Schilling | Dub Wahlert |
| 14. Lauren Lewey | West Dubuque |
| 15. Sara Jesse | Union |

Coach of the Year:

Roxanne Paulson

Marion