

5A East

PLAYER NAME	SCHOOL	YEAR
Kaylissa Arndorfer	Waterloo, West	12
Emerson Green	Cedar Falls	11
Kaylee Donner	Cedar Rapids, Jefferson	12
Ally Grothusen	Bettendorf	12
Dara Hulstein	Cedar Falls	12
Anna Gorsich	Linn-Mar, Marion	12
Kami Knutsen	Davenport, Central	12
Akacia Brown	Cedar Falls	11
Megan Renner	Linn-Mar, Marion	12
Maddy Baxter	Cedar Rapids, Jefferson	12
Jada Wills	Dubuque, Hempstead	11
Alayna Yates	Cedar Falls	11
Sydney Kloubec	Cedar Rapids, Jefferson	12
Erica Brohm	Pleasant Valley	11
District Coach of the Year-	Matt Johnson	Cedar Falls

5A West

Name	School	Grade
Megan Lively	Ankeny Centennial	12
Olivia Curry	West Des Moines Valley	11
Sam Christiansen	Council Bluffs Abe Lincoln	11
Madi Kubik	West Des Moines Valley	12
Kenna Sauer	Ankeny Centennial	12
Haley Bush	Waukee	12
Payton Lombardi	West Des Moines Valley	10
Devyn Robinson	Ankeny Centennial	11
Ari Winters	Ankeny Centennial	12
Phyona Schrader	Ankeny	10
Isabelle Vacek	Ankeny	11
Jacey Koethe	Dowling Catholic	12
Elaina Bohnet	Council Bluffs AL	11
Hayden Kubik	West Des Moines Valley	9
Kaci Behrens	Ankeny	11
Sydney Smetzer	Urbandale	12
Coach of the year:	Danielle Lynch.	Waukee

4A NE

Claire Demmer	West Delaware, Manchester	12
Carolyn Conlon	Wahlert, Dubuque	12
Jaz Westmoreland	Waverly-Shell Rock	11
Sydney Hearn	Independence	12
Holly Faley	Marion	12
Madison Larson	Independence	12
Aliyah Carter	Wahlert, Dubuque	11
Holly Cooksley	Independence	12
Jazmine Yamilkoski	Xavier, Cedar Rapids	10
Macey Kleitsch	West Delaware, Manchester	11
Eve Magill	Xavier, Cedar Rapids	10
Akeela Jefferson	Xavier, Cedar Rapids	12
Jessica Jacobs	Waverly-Shell Rock	12

Coach of the Year: Joe Schmitz Independence

4A SE

<u>Name:</u>	<u>School</u>	<u>Grade:</u>
LeeAnn Potter	Iowa City Liberty	11
Brooke Mulholland	Clinton	11
Macy Harris	Grinnell	12
Katie Keitges	Knoxville	11
Shauntina Williams	Clear Creek Amana	12
Emily Holterhaus	Pella	12
Kate Tidman	Bondurant-Farrar	12
Grace Tubbs	Clinton	12
Dakota Miles	Dallas Center Grimes	12
Danae Drish	Fairfield	12
Natalie Clayberg	Pella	12
Macy Bailey	Bondurant-Farrar	12
Alison Godwin	Fairfield	12
Katelyn Knudsen	Dallas Center Grimes	11
Grace Hintze	Bondurant-Farrar	12

District Coach of the Year: Cheryl Voelker Dallas Center Grimes

4A West

Maya Schmidt	Sergeant Bluff- Luton	11
Thea Rotto	Gilbert	10
Lauren Carter	Winterset	9
Josi Lonneman	ADM-Adel	11
Meredith Hoffman	Carlisle	11
Kinzie Zinnel	Boone	10
Haylee Cooper	LeMars	12
Kenzie Foley	Sergeant Bluff- Luton	11
Nicole Jacobson	Bishop Heelan	12
Megan Witte	Lewis Central	11
Madison Harms	Sergeant Bluff - Luton	12
Kara Weis	Harlan	12
Elle Sneller	Sergeant Bluff- Luton	11
District Coach of the year:	Renee Winkel	Sergeant Bluff- Luton

3A West

Name	School	Year
Maci Overmohle	Kuemper Catholic	12
Jazlin DeHaan	MOC-Floyd Valley	10
Emma Loveall	Spirit Lake	11
Jadeyn Schutt	MOC-Floyd Valley	12
Chloe Johnson	Red Oak	11
Payton Ahrenstorff	Spirit Lake	12
Mary Margaret Borer	Sheldon	12
Kealey Anderson	Shenandoah	12
Alyssa Mulder	Sioux Center	12
Aimee Adams	Kuemper Catholic	12
Kara Peter	Kuemper Catholic	11
Sophie Walker	Red Oak	11
District Coach of the Year	Keith Stickrod	Kuemper Catholic

3A SE

Mya Merschman	Central Lee	10
Kylie Welsh	Davenport Assumption	11
Hanna Nissen	Camanche	12
Sommer Daniels	Tipton	11
Madilynn Parson	Camanche	12
Macy Akers	West Liberty	12
Karly Berkland	Williamsburg	12
Macy Daufeldt	West Liberty	9
Sydney Marlow	West Burlington	10
Amanda Smith	Tipton	12
Lea Nelson	Davenport Assumption	12
Abbey Griffin	Albia	11
District Coach of the Year:	Amy Calonder	Tipton

3A NE

Grace Martensen	Benton	12
Sharon Goodman	Crestwood	11
Emily Kono	CPU	11
Kate Shannon	Columbus Catholic	12
Rory Light	Mt. Vernon	12
Belle Weber	Union	10
Delaney McSweeney	CPU	12
Avery Kroll	Columbus Catholic	11
Lauren Frerichs	New Hampton	12
Jordan Kuper	Monticello	11
Morgan Hussman	CPU	12
Rachel Rinken	New Hampton	11

Coach of the Year Jessica Geerts New Hampton

3A Central

Grace Renaud	Iowa Falls-Alden	12
Grace Juhl	Iowa Falls-Alden	12
Kourtney Chambers	Osage	12
Kelsey Koch	Forest City	12
Alayna Bakke	Des Moines Christian	12
Rylie Olson	Osage	12
MaKayla Geise	Roland-Story	12
Sydney Midlang	Osage	12
Morgan Middleton	Clarion-Goldfield-Dows	10
Danielle Johnson	Osage	10
Abbey Holmes	Algona	11
Jori Hajek	Humboldt	10
District Coach of the Year	Andie Olson	Osage

2A SW

Allie Petry	St Albert, Council Bluffs	10
Konnor Sudmann	Treynor	12
Keirston Klommhaus	Mount Ayr	12
Emma McDonald	Tri Center, Neola	12
Camryn McClintock	Sidney	12
Brooklyn Hundt	Tri Center, Neola	12
Olivia Larsen	Sidney	11
Jaden Daffer	Sidney	12
Sydni Huisman	Treynor	12
Olivia Maassen	Tri Center, Neola	12
Maggie Wettengel	St Albert, Council Bluffs	12
Lilly Dahir	Tri Center, Neola	12

Coach of the Year Rachel Eikenberry Tri Center, Neola

2A NW

Erin Wiengga	Unity Christian	12
Brooke Zylstra	Boyden-Hull	11
Molly Schany	Emmetsburg	11
Taryn Hintz	South O' Brien	11
Emma McKinney	South Central Calhoun	12
Annika Patton	Alta-Aurelia	12
Bailey Wollesen	East Sac County	10
Lily Anderson	Cherokee	12
Corinna Timmermans	Unity Christian	12
Madison Hofman	Western Christian	12
Jori Bronner	Unity Christian	12
Olivia Granstra	Western Christian	11
Kassidy Pingel	Cherokee	12
Macey Van't Hull	Western Christian	11
Gabbie Herzberg	Manson Northwest Webster	12
Sutton Schlumbohm	Central Lyon	11
Madeline Else	Ridgeview	12
Madysen Grotewold	West Lyon	12
District Coach of the Year-	Charity Anderson	Cherokee

2A NE

Isabelle Bennett	Dyersville Beckman Catholic	12
Kylie Greenfield	Lake Mills	10
Sara Hansen	Hudson	10
Jessa Gasteiger	Lake Mills	11
Emerson Whittenbaugh	Maquoketa Valley	10
Alexa Riniker	East Buchanan	11
Rachel Trumm	Cascade	12
Emerson Kracht	Grundy Center	11
Ellie Bildstein	Dyersville Beckman Catholic	12
Amber Rickert	Dike-New Hartford	12
Ashlynn Kuhn	Hudson	10
Sydney Steffen	Dyersville Beckman Catholic	12
Morgan Weber	Dike-New Hartford	11
Hailey Wallis	Grundy Center	12
Heather Boeckenstedt	Dyersville Beckman Catholic	12
Kenzie Mantz	Belle Plaine	12
Kylie Willis	Grundy Center	12
Mikenna Joerger	Wapsie Valley	12
Carlee Dove	Dike-New Hartford	12

District Coach of the Year Lori Willis Grundy Center

2A Central

Mary Kate Bandstra	Pella Christian	12
Breanne Diersen	South Hamilton	12
Emma Atwood	Central Decatur	12
Rachel Luke	Earlham	12
Lindsey Golwitzer	Van Meter	12
Emma Huisman	Pella Christian	12
Easton Swanson	BCLUW	12
Chloe Largent	ACGC	9
Ashlyn Soelburg	Woodward-Granger	12
Brooke Halterman	Panorama	12
Anna Tague	Woodward-Granger	12
Madison Ubben	BCLUW	11
District Coach of the Year:	Kristen Garber	BCLUW

2 A SE

Isabell Manning	Van Buren	10
Maddie Cloke	Cardinal	11
Jaedynn Evans	Regina Iowa City	12
Alyson Stokes	Highland	12
Kortney Drake	Wilton	12
Aubrey Putman	Wilton	12
Maya Johnson	Mediapolis	12
Helaina Hillyard	Mediapolis	11
Haley Gamble	Pekin	12
Abbey Fryauf	West Branch	12
Kamryn Meyer	Durant	12
Salena Sayer	Van Buren	11

District Coaches of the Year:

Brenda Grunder	Wilton
Matt Zeitler	Van Buren

1A SW

Cassidy Baker	Coon Rapids Bayard	10
Makinna Russell	Bedford	12
Brittney Beebe	Griswold	12
Emma Hannasch	Glidden Ralston	12
Kaelynn Driskell	Fremont Mills	9
Sara Schurke	ArWeVa	10
Savanna Moffett	Stanton	12
Alex Knop	East Mills	11
Emilee Danner	ArWeVa	12
Madison Gettler	CAM	12
Dezirae Drake	East Mills	11
Shelby Stephenson	CAM	12
Sophie Phillips	Fremont Mills	12
Tara Peterson	Stanton	10
Jessica Fokken	Boyer Valley	11

District Coach of the Year: Connie Blank East Mills

1A SE

Chloe Coleman	New London	12
Eryn Anderson	Holy Trinity.	12
Amber Cooling	HLV, Victor	11
Jenna Buffington	Winfield-Mount Union	10
Kaylor Schulte	New London	12
Riley Jewett	Seymour	12
Elyse Pothitakis	Holy Trinity	12
Waverly Roorda.	Montezuma	11
Macie Boots	HLV, Victor	12
Emily Box	Holy Trinity	12
Riley Gatton	Montezuma	12
Shateah Wetering	Montezuma.	11
Taylor Boeding.	Holy Trinity	12
Addie Pry	New London	11
Suzanna Yoder.	Iowa Mennonite School, Kalona	12
Coach of the Year:	Melissa Freesmeier	Holy Trinity

1A SC

Samantha Kosman	SE Warren	12
Hannah Howard	Ankeny Christian	12
Megan Mitchell	East Union	12
Abrielle Martin	Lamoni	9
Sierra Wright	Grand View Christian	11
Hannah Caple	Collins Maxwell	12
Kallie Kinney	Lamoni	12
Taylor Smith	Iowa Valley	11
Chelsie Rathjen	Iowa Valley	12
Amber Weltha	Baxter	11
Taylor Clendenen	SE Warren	12
Riley Jewett	Seymour	12
Alissa Weinkoetz	East Union	11
Acey Jellison	Seymour	12
Breianne Klein	Murray	12
Coach of the Year	Jennifer Miller	Seymour

1A NW

Madison Brevik	Harris-Lake Park	12
Chloe Bunkers	Gehlen Catholic	11
Kailee Tucker	Akron-Westfield	11
Katie Peters	Gehlen Catholic	12
Taylor Meyer	Harris-Lake Park	12
Kaylee Smits	Westwood, Sloan	12
Riley Doenhofer	Siouxland Christian	11
Katelyn Langel	Gehlen Catholic	12
Brooke Koele	Akron-Westfield	12
Madison Goodwin	Kingsley-Pierson	12
Sydney Livermore	Gehlen Catholic	11
Olivia Larsen	Newell-Fonda	12
District Coach	Mike Meyer	Gehlen Catholic

1A NE

Madison Denny-Weber	Gladbrook-Reinbeck	12
Takoa Kopriva	North Tama	11
Allison Tibbott	Edgewood-Colesburg	12
Kali Spicer	Springville	12
Delaney Bergan	Edgewood-Colesburg	12
Haley Fitzpatrick	Edgewood-Colesburg	12
Mary Kate Wille	Central Elkader	12
Sunny North	Marquette Catholic, Bellevue	12
Karly Jans	North Tama	12
Hayley Goedken	Starmont	12
Kelsi Askeland	Edgewood-Colesburg	12
Regan Janssen	Starmont	12
Katie Kopriva	North Tama	11
Saari Kuehl	Gladbrook-Reinbeck	10
Lizzie Gifford	Central Elkader	12
Macy Mommer	Starmont	12
Abby Pospisil	Cedar Valley Christian	11
Madiyln Vaske	Starmont	12
Coach of the Year	Robert Goedken	Starmont

1A NC

Brianna Lobeck	Tripoli	11
Maddie Boldt	Don Bosco	12
Julia Meister	Janesville	11
Katelin Adams	North Iowa	12
Jenna Brown	Don Bosco	10
Kaylyn Myers	Bishop Garrigan	10
Maddie Meister	Bishop Garrigan	11
Bree Thompson	Janesville	12
Alisa Bengen	Janesville	12
Zoe Semelroth	Tripoli	11
Sadie Bobst	Tripoli	12
Lily Liekweg	Janesville	12
Gabby Gergen	Janesville	10
Kennedi Purdy	Don Bosco	11
Ashley Grapp	Don Bosco	12
Samara Harms	Tripoli	12

Coach of the Year Shelly Sorenen Janesville