

3A Central

Alysen Dexter	Des Moines Christian	11
Abbey Holmes	Algona	12
Molly McCauley	Algona	12
Sydney Mosinski	Nevada	11
Jaedon Murphy	North Polk	12
Kacie Rewerts	Nevada	12
Jori Hajek	Humbolt	11
Morgan Tupper	Nevada	12
Deni McDaniel	Humbolt	11
Megan Riddle	Des Moines Christian	12
Madison Geise	Roland-Story	10
Jenny Wibholm	Iowa Falls-Alden	11
Caitlin Kellner	Des Moines Christian	12
Coach of the Year	Jonny Sneiderman	Nevada